### Signalling

As a rider you will often be able to hear and see further ahead than motorists. If you are aware of potential danger or if you sense an impending action or reaction from your horse, you may request a motorist to slow down or stop.









## Publications available from the BHS Safety Department

### Riding Double File

The Department for Transport has issued the following advice:

"As well as setting out the legal requirements, the Highway Code also gives advice to all road users on how to keep themselves, and others, safe. The advice provided in the final bullet of rule 53 is relevant safety advice. The same advice is given to cyclists in rule 66. However, the advice given in rule 53 is not a legal requirement and it does not place any compulsion on riders to ride in single file. It remains their decision whether or not they follow this advice. The distinction between legal requirements and advisory rules is made clear in the Introduction to the Code."

Statistics make a difference. Help the BHS make a change and report any equestrian accident/incident at www.horseaccidents.org.uk

### Riding and Road Safety Test

AIM - To promote safety on the road by recognising riders who can show that they can ride with courtesy and responsibility, demonstrate a high standard of road safety knowledge/skills and follow the rules of the Highway Code and BHS Riding and Roadcraft Manual.

THE TEST - The exam tests your roadcraft and riding ability, not the horse or pony.

- 1) THE THEORY TEST This tests your knowledge of the Highway Code and the generally accepted rules of riding on the road. The test is usually written but may be oral.
- 2) SIMULATED ROAD ROUTE This stage tests your reactions to a series of hazards and situations which you will probably face on the roads, but takes place in off-road conditions. Candidates also undergo a tack and turnout inspection to ensure that their clothing and horse's tack are in a safe and suitable condition for riding.
- 3) ROAD ROUTE Follows a set route along the roads, so the examiners can access competence in dealing with traffic, road junctions and other hazards encountered on the roads.

#### How do I take the test?

If you would like to find out more about The British Horse Society Riding and Road Safety Test, please contact:

The British Horse Society on 02476 840482 email: safety@bhs.org.uk



The British Horse Society is a registered charity Nos.210504 and SC038516

©Copyright British Horse Society 2014 Produced by The British Horse Society This is a free leaflet. A donation towards the charitable work of the society would be much appreciated.



# Road Sense for Riders

The British Horse Society

This leaflet aims to help riders understand the need to be safe on today's busy roads. It also explains how to take The British Horse Society Riding and Road Safety Test.

South Essex Insurance Brokers, South Essex House, North Road, South Ockendon, Essex RM15 5BE E: enquiries@seib.co.uk www.seib.co.uk

South Essex Insurance Brokers are authorised and Regulated by the Financial Conduct Authority



# Road Sense for Riders

This leaflet aims to help riders understand the need to be safe on today's busy roads. It also explains how to take The British Horse Society Riding and Road Safety Test.

Riders and motorists have a right to use Britain's roads - a right to safe and enjoyable travel. Both share a responsibility to understand each other's needs

Mutual courtesy and care between riders and motorists is important to prevent intolerance and improve safety - always acknowledging a courtesy does make a difference. For a rider a wave of acknowledgement is not always possible when two hands are needed for control, but a smile and a nod of the head are all it takes!

# Did you know

There are more than 4.2 million riders in Britain?

There are more than 26 million licensed vehicles on the road?

There are more than eight horse related traffic accidents every day?

Wearing hi-viz clothing gives up to three seconds more for a driver travelling at 30 mph to see you and take appropriate avoiding action?

More than half of all road accidents involving horses happen on minor roads?

## Riding in double file

Young or nervous horses should be accompanied by a steadier horse between them and the traffic.

A child or novice rider should be accompanied by an escort rider between them and the traffic

Ride in single file where the road narrows and when approaching bends.

#### Be seen to be safe Say thank you

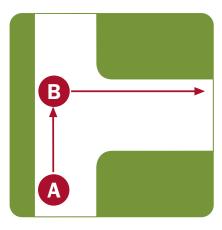
- Wear fluorescent/reflective clothing.
- Acknowledge and return courtesy, a smile and a nod are enough if your hands are full.
- Wear protective headgear to current approved standards.
- Read and learn from The British Horse Society Riding and Roadcraft Manual.
- Read the Highway Code.
- Keep to the left even when turning right.
- Wear hi-viz clothing whenever you ride out on-road or off-road.
- Take The British Horse Society Riding and Road Safety Test.
- Give clear and decisive signals.

**BE AWARE** 

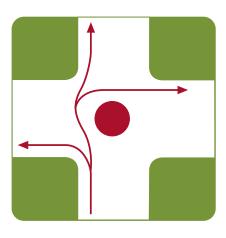
# DO NOT Become an accident statistic Ignore courtesy shown by motorists

- Ride in failing light or darkness.
- Ride out on roads known to be dangerous from snow and ice.
- Ride a young/nervous horse on the road without a steady horse present.
- Take a mounted group of more than eight horses on the road. If there are more, form into groups, each with a competent leader and shepherd.
- Ride without wearing protective headgear to a current approved standard.
- Ride on a pavement.
- Use mobile phone while mounted.

#### Manoeuvres



Turning right Taking the shortest route across the road at point B



This is a free leaflet. A donation towards the charitable work of the Society would be much appreciated

#### Roundabout

It may not be necessary to signal on the approach to a roundabout. When on a roundabout. signal right only when approaching exits you DO NOT intend to take. Keep to the left, signal left just before the exit you wish to take.