

SIGNS OF CONCUSSION

If you believe someone has concussion, they must immediately stop riding or any other horse-related activities



Slowed reaction time



Poor performance



Appearing dazed



Slurred speech



Loss of consciousness



Drowsiness or fatigue



Confusion or memory loss



Difficulty balancing



Sensitivity to light or noise



Ringing ears



Head and neck pains



Blurred vision



Nausea or vomiting



Changes in mood



Heightened emotions

These signs and symptoms are a broad guideline and each person's presentation may differ to some degree. Remember that signs and symptoms can take hours or days to appear.

For more information on concussion, visit bit.ly/BEFConcussion